

Sports Medicine Course Outline

Instructor: Mr. Myers

Room H-108

Phone: 928-684-6600

E-mail: jamesmyers@wickenburg.k12.az.us

Prerequisites:

Successful completion of Biology or instructor's approval. Be eligible in order to assist in student trainer responsibilities.

Content:

Sports Medicine is designed for the student who is interested in a sports medicine career. Class work will include an introduction to human anatomy in relation to an athlete participating in sport. Class topics will include first aid and CPR; care of common athletic injuries; use of tape, wraps, and protective equipment; and in-depth studies of recognition, evaluation, and treatment of athletic injuries.

Text: Basic Athletic Training 3rd Edition, Kenneth E. Wright & William R. Whitehill, 1999.

Materials:

Notebook (2-3" ring binder)

Loose leaf paper for laboratory and to use in notes

Pen or Pencil (Only blue or black ink assignments on written assignments)

Color Pencils (Set should have at least 12 colors, 24 would be most helpful for you though!)

On occasion you will need poster paper

Rules:

1. Be prepared for class.
2. Be attentive.
3. Do not disrupt the learning process of others.
4. All school rules apply.

Consequences:

(More than 1 step may be used or skipped depending on the severity of offense & the situation.)

Step 1 – Warning

Step 2 – New seating arrangement

Step 3 – Detention

Step 4 – Written explanation of behavior

Step 5 – Parent contacted and Detention

Step 6 – Parent contacted and Behavior Plan

Step 7 – Parent contacted and Office Referral

Step 8 – Removal from classroom

Grading:

All grades will be on a weighted scale.

Bell Work/Notebook Checks = 10%	A = 100%-90%
Homework/Class work = 20%	B = 89%- 80%
Projects/Labs = 15%	C = 79%- 70%
Training Room Hours = 10%	D = 69%- 60%
Quizzes = 10%	F = 59%- 0%
Tests = 20%	
Final Exams = 15%	

Late Work:

1. Late Work will only be accepted 2 days after due and only half credit will be given.
2. No credit is earned for unexcused absences.
3. Students with excused absences will receive 1 extra day plus a day for each day absent to turn in missing work with no penalty.
4. If you have difficulty completing an assignment by the due date, then speak to me prior to the due date to see about making other arrangements

Classroom Procedures:

1. Students enter the room using the back door, they need to go directly to their seat & start their bell work.
2. Students need to be in their assigned seat (with their bell work out) before the last bell rings or it will be counted as a tardy.
3. Students should have no gum, if you forget place the gum in the trash when you enter the classroom.
4. Students should only eat and drink in the Café, only exceptions are those issued by the nurse (Water in sealed bottle is allowed).
5. Students need to use the restrooms before school, in between classes, & during lunch. If it is an emergency the restroom can be used preferably at the end of class.
6. Students leaving class will need to have a pass and fill out all information on the sign-out sheet before leaving. Sign out sheet is located by front door.
7. Students will exit class only when dismissed; you will need to use the same door when leaving. The bell does not dismiss you, I do; you will have to wait until everyone is ready if you fail to follow this! This rule also applies when in the training room.
8. Students caught cheating will receive a zero on the assignment or test (this includes all parties involved), administration and parents will be notified, and removal from class may be considered!
9. Students can receive help before school, after school, or at other times by making arrangements with teacher. Check with your instructor the day before coming in!
10. When in the training room stay in designated areas and follow all training room rules.
11. Other procedures or changes in procedures will be explained when needed.

Anatomy & Physiology Acknowledgement Page

RETURN THIS PAGE ONLY

I have read and understand the information explained in Mr. Myers' Sports Med. Course outline.

Course: Sports Medicine Period: 7

Student's Printed Name: _____

Student's Signature _____ Date: _____

Parent/Guardian's Printed Name: _____

Parent/Guardian's Signature _____ Date: _____

Parent/Guardian's Phone Number:

Home: (____) _____ Work: (____) _____ Other: (____) _____

Parent/Guardian's E-mail (if available):

Any other important information that I may need to know:
